

Immanuel Approach Conference, Intermediate-Advanced Topics

Karl D. Lehman M.D.

July 26-27, 2018

www.immanuelapproach.com

Registration: <http://vcchurch.com/immanuel>

Where: ([map](#))

Vineyard Community Church
27632 El Lazo A
Laguna Niguel, CA 92677



When:

Jul 26 & 27: (Thursday & Friday)

What:

If you are planning to attend this *intermediate-advanced* Immanuel Approach conference, you already know that the foundation for the Immanuel Approach is helping the person receiving to establish an interactive connection with the living presence of Jesus. You already know that the Immanuel Approach is unusually safe, gentle, effective, and transferrable. You also already know that one can learn the basic Immanuel Approach principles and tools in a matter of hours, but that it takes a lifetime to master the intermediate and advanced principles and tools. In this conference, Dr. Lehman will provide teaching and modeling regarding intermediate-advanced principles and tools for identifying and resolving blockages when recipients are having difficulty connecting with Jesus, for other troubleshooting challenges, for identifying and resolving confusion, accidental counterfeits, and deliberate counterfeits that contaminate connections with Jesus, and for using the Immanuel Approach safety nets in difficult situations. There will also be lots of time for Q&A.

Cost: \$95 early registration, \$115 regular registration, plus \$10 if you pre-order a meal box for Thursday dinner.

Who should attend:

- Christian lay people. For mature believers who already have some training and experience with the Immanuel Approach, and who already have a good awareness of your own emotional and spiritual strengths and weaknesses – the intermediate-advanced principles and tools presented in this conference will help you keep moving forward, with respect to both your own healing and growth and your ministry to others.
- People in ministry. The primary objective of the Immanuel approach to life is improving the depth and quality of our connection with God, and the Immanuel approach to emotional healing is the easiest, safest, and most effective method that we are aware of for resolving traumatic memories. The Immanuel approach to life and the Immanuel approach to emotional healing are perfectly suited for those in ministry, and especially for those in Christian emotional healing ministry. For people in ministry who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you take the next step in increasing your effectiveness.
- Christian mental health professionals. In developing the Immanuel approach, Dr. Lehman and Dr. Wilder have carefully integrated truth from scripture, observations from their combined 60+ years of clinical experience, and brain research regarding trauma, memory, and the neurological pathways for processing painful experiences. The Immanuel approach to emotional healing is also consistent with

many of the principles and techniques from the psychotherapies with the most empirical research support, such as cognitive therapy, exposure therapy, and eye movement desensitization and reprocessing (EMDR). Furthermore, in our experience, the Immanuel approach to emotional healing has been the easiest, safest, and most effective method for resolving psychological trauma. For mental health professionals who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you keep moving forward with respect to faith-based psychotherapy work.

- Note that this conference is **not** intended to provide psychotherapy or healing ministry for people in crisis. Dr. Lehman will not be able to provide private consultations, individual ministry, or follow-up after the conference.

More about content:

- **Lecture:** In addition to the intermediate-advanced topics already mentioned above, Dr. Lehman will talk about recipients who have trouble finding positive memories, he will describe how to care for dissociative parts who are pretending to be Jesus, and he will share new insights regarding how to avoid destroy your ministry and cause other harm with inappropriate relationships.
- **Live demonstration(s):** Dr. Lehman will hopefully be able to provide live demonstration(s) for some of the intermediate-advanced principles and tools to be presented in this conference (depending on time constraints and other variables).
- **Group exercises:** Depending on time constraints and other variables, it may be possible to have group exercises to practice advanced safety net principles and tools.

Pre-conference preparation: As has been described above, this conference will be addressing *intermediate-advanced* questions and issues. You should only be planning to attend this conference if you already have some training and experience with the Immanuel Approach. Everyone attending this conference should have a copy of *The Immanuel Approach: For Emotional Healing and for Life*. Dr. Lehman will be referring to it constantly, and strongly recommends that people attending this conference read through to at least chapter 23 before the conference. The more pre-conference preparatory reading you are able to do, the more you will get out of the conference. The (very challenging) ideal is to come to the conference already familiar with the contents of *Outsmarting Yourself* and *The Immanuel Approach: For Emotional Healing and for Life*.

Also, if you have particular questions that you would like Dr. Lehman to address, please write them out and send them to Dr. Lehman at drkarl@kclehman.com, or give them to the conference team when you check in on Thursday. This will enable Dr. Lehman to customize the conference to most strategically address the questions/issues that are most important to the individuals attending this particular event.

Tentative Schedule:

<p>Thursday 7/26 afternoon and evening: 1:00-2:30 Session 1 2:30-3:00 break 3:00-5:00 Session 2 5:00-6:00 Dinner* 6:00-7:00 Session 3 7:00-7:30 break 7:30-9:00 Session 4</p>	<p>Friday 7/27 morning: 9:00-10:00 Session 5 10:00-10:30 break 10:30-11:30 Session 6</p>
---	--

* **pre-ordered box dinners (\$10) on campus or local restaurants**

Accommodations

[The Hills Hotel](#) 3.3 mi
[Ayres Suites](#) 4.3 mi.
[Laguna Hills Lodge](#) 5.3 mi.
[Courtyard Marriott](#) 6.0 mi.

Try hotel search engines like [trivago.com](#).

Also try [VRBO.com](#) or [Airbnb.com](#) and search for Laguna Niguel, Mission Viejo or Aliso Viejo.

Lunch and snacks: Snacks for breaks will be provided. A “lunch” box for Thursday supper can be pre-ordered as a registration option.

Note: Please send requests for special dietary needs to Cathy Larson Cathy@vcchurch.com.

Questions?

Cathy@vcchurch.com

Web cam? Recordings?:

People have asked whether they can view the conference via web-cam, and/or whether they can get recordings from the conference. The bad news is that we will not be live-streaming or recording this conference (among other things, the unpredictable, personal content of the live demonstrations and live group exercises preclude live-streaming and make recording very complicated). **The good news** is that:

- much of the teaching content is available from the book, *The Immanuel Approach: For Emotional Healing and for Life*, and at Dr. Lehman’s IA website, www.immanuelapproach.com
- Video recordings for a wide variety of live session demonstrations are available in both full length and condensed versions (see the *training videos* page of the website)

Please help us promote the conference:

We would appreciate it if you can help us get the word out by sharing this information with anyone you think might be interested.

Getting Started Immanuel Approach Conference:

Fri July 27 afternoon and evening, Sat July 28 morning and afternoon

Immanuel means “God with us.” This promise is the foundation of a growing movement of lay ministers and professionals who are using the Immanuel approach to deepen intimacy with God, discern God's ongoing guidance, and resolve past pain. This method is based on current brain science interpreted through Scripture and proven by repeated applications over the last fourteen years. The Immanuel approach has been developed by Dr Lehman and Dr. E. James Wilder working together in close collaboration, and Dr. Lehman remains one of the foremost experts regarding this new, exciting approach to life and emotional healing. Participants will receive teaching about basic-intermediate Immanuel approach principles and tools. (The importance of relational circuits, how appreciation turns them on, how our brains have been designed to work best in community, how our relationships are memory-mapped, and how we can apply all of this brain science to establish interactive connections with the living presence of Jesus.) Participants will see these principles and tools modeled in video clips and live demonstrations, and they will then practice applying these principles and tools in “hands on” group exercises. Participants who already have some training and experience with the Immanuel Approach will benefit from additional practice with troubleshooting and using IA safety nets. They will also learn about teaching the Immanuel Approach and about leading group exercises as they observe Dr. Lehman modeling these advanced skills.

Combined Intermediate-Advanced and Getting Started: \$220 early registration, \$240 regular registration, plus the cost of meal boxes for those who pre-order them (\$10 each, Thurs dinner, Fri dinner, Sat lunch).